

GROUP THERAPY SCHEDULE – APRIL 2018

573 Merrimon Ave. Suite 1B
Asheville, NC 28804
(828) 251-1478

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
2	3	4	5 9 AM Art of Recovery 4:15 PM Life Skills	6 4 AM “Good Morning, Good Thinking” 10 AM Coping with Anxiety	7/8
9 6:30 AM Coping with Anxiety	10 7:30 AM After Methadone: Tapering Off and Twelve Step Programs 9 AM Working Through Grief & Loss	11 11 AM Spirituality in Recovery 4:15 PM Coping with Anxiety	12 9 AM Art of Recovery 4:15 PM Life Skills	13 4 AM “Good Morning, Good Thinking” 10 AM Coping with Anxiety	14/15
16	17 7:30 AM After Methadone: Tapering Off and Twelve Step Programs 9 AM Working Through Grief & Loss	18 11 AM Spirituality in Recovery 4:15 PM Coping with Anxiety	19 9 AM Art of Recovery 4:15 PM Life Skills	20 4 AM “Good Morning, Good Thinking” 10 AM Coping with Anxiety	21/22
23	24 7:30 AM After Methadone: Tapering Off and Twelve Step Programs 9 AM Working Through Grief & Loss	25 11 AM Spirituality in Recovery 4:15 PM Coping with Anxiety	26 9 AM Art of Recovery 4:15 PM Life Skills	27 4 AM “Good Morning, Good Thinking” 10 AM Coping with Anxiety	28/29
30					